



## Dr. N. Rachel Howland

January 10, 1952 - December 17, 2014

Queenstown, MD - N. Rachel Howland, MD died at her home on December 17, 2014.

Born in New York on January 10, 1952, she was the daughter of the late Angel Howland and Alice Picon Howland. She graduated from high school at age 15, and bought her first home at age 17. She later bought, remodeled and sold several other properties before she earned her Bachelor's Degree in Medicine, graduating Cum Laude from the Medical College of Georgia. She worked as a Physician's Assistant while she was pursuing her life-long dream of becoming a physician, graduating from Medical School after receiving training in England. Dr. Howland completed her residency in Internal Medicine and Pediatrics at the University of Oklahoma, during which time she spent two months on a Christina medical mission in India. Dr. Howland completed her Fellowship in Allergy and Immunology at Emory University in Atlanta, and became board certified in Allergy, Asthma and Immunology. Dr. Howland was active in clinical research and medical lecturing. Having suffered from asthma, allergies and eczema since childhood, she dreamed of opening her own practice to help those with whom she could so easily empathize. Dr. Howland first established her practice in Annapolis, MD, later moving to the Eastern Shore.

Dr. Howland is survived by her sister, Rachel Howland of Tampa, FL; and her

dear friend, Rich Brockley of Cambridge, MD. She was preceded in death by her parents, Angel and Alice Howland; and her brother, Kenneth Howland, who died in 2011.

A memorial service will be held at 2 pm on Sunday, December 21 at the Fellows, Helfenbein & Newnam Funeral Home, P.A. in Centreville, MD, where friends and family may visit one hour prior to the service.

Memorial contributions may be made to the children's charity of one's choice.

For online condolences, please visit [www.fhnfuneralhome.com](http://www.fhnfuneralhome.com) .

# Previous Events

## Visitation

DEC 21. 1:00 PM - 2:00 PM (ET)

Centreville Location  
408 South Liberty Street  
Centreville, MD 21617  
(410) 758-1151  
[info@fhfuneralhome.com](mailto:info@fhfuneralhome.com)

## Memorial Service

DEC 21. 2:00 PM (ET)

Centreville Location  
408 South Liberty Street  
Centreville, MD 21617  
(410) 758-1151  
[info@fhfuneralhome.com](mailto:info@fhfuneralhome.com)

# Tribute Wall



“ *Dr. N. Rachel Howland*

October 26, 2023 at 06:42 PM



“ *Dr. N. Rachel Howland*

January 28, 2023 at 12:44 PM



“ *Dr. N. Rachel Howland*

January 28, 2023 at 08:03 AM



“ *Lydia Dagenais lit a candle in memory of Dr. N. Rachel Howland*



Lydia Dagenais - March 23, 2022 at 01:30 PM



“ *Shirley Foster lit a candle in memory of Dr. N. Rachel Howland*



shirley Foster - January 17, 2021 at 11:18 PM

N.

“ I'm dumbfounded to find out that Rachel is no longer with us. I remember Rachel fondly from the Eastbourne years.

N.N. - June 29, 2018 at 04:24 PM

N.

“ I'm dumbfounded to find out that Rachel is no longer with us. I remember Rachel fondly from the Eastbourne years.

N.A. - June 29, 2018 at 04:22 PM

TG

“ Terry Gambriel sent a virtual gift in memory of Dr. N. Rachel Howland



Terry gambriel - September 20, 2015 at 11:58 PM

BL

“ Rachel was a dear dear friend of mine when she was finishing her training in Eastbourne England, I have thought about her all these years and today I finally find her on facebook and a great feeling of loss now for a long lost friend..she was a wonderful lady and will be so sorely missed.



Barry Lane - August 10, 2015 at 03:28 PM



Delores  
Bowles

“ *Delores Bowles lit a candle in memory of Dr. N. Rachel Howland*



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**Delores Bowles** - May 06, 2015 at 07:21 AM

BW

“ *It is with great sadness I just learned of Dr. Howland's passing. My mother, Thelma Bell, was a patient for many years and I have been along on appointments. Dr. Howland was a brilliant doctor and a compassionate woman. Her staff is also kind and caring to the usually full waiting room of patients they helped. Mom passed 9/14/14 and would have been devastated to learn this sad news. Deepest sympathy to her sister, friends and family.*

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**Barbara Whitmer** - March 21, 2015 at 02:09 PM

TC

“ So Suddenly sadden; I received a notice in the mail, saying that her office is closing; due to her death.

My sister and I are both from Caroline County and will both miss her very much.

She help me get control of my asthma and allergy situation.

She taught me how to stay on top of my game with this condition.

I will always remember and cherish the helpful tips that you gave me. I did get alot better.

I pray for your family; and That your loving and kind spirit rest in peace.

Learning this about your death; is like amazing!! God also took another one of my close friends away on this same very day; she also pasted at home. She done all of my homemade cakes for parties and weddings for me.

God needed you guys more. He needed you to help with nursing the kids in heaven. and my other friend to help with the baking of bread.

REST IN PEACE.

GONNA MISS YOU!!

TELESIA COLEMAN: YOUR PATIENT

THANKS FOR TAKING GOOD CARE OF ME!



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Telesia Coleman - January 12, 2015 at 12:04 PM

LH

“ In all my 77 years there have be few doctors like Dr. Rachel Howland who would reach into the heart and soul of the patients she helped to overcome the difficulties with breathing in life. She exemplified the best and greatest compassion for humanity and their suffering. It has been a pleasure to have cross paths in life and feel quite blessed for those moments altho few. God has called her to Him for she was so young and filled with the passion to help others in need. She will be remembered and missed. God will be with her in peace and love.  
Sincerely, Linda Henselman

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**Linda Henselman** - January 09, 2015 at 09:12 PM

  
Jessica  
Lewis-  
Horton

“ She was great!!!! Loved her to life



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**Jessica Lewis-Horton** - January 09, 2015 at 12:54 PM

LS

“ *What a terrible loss. Dr Rachel was the kindest most compassionate doctors I have ever seen. She took care of my daughter who at 2 years old had terrible respiratory issues. She found it was allergy induced asthma and put together a care plan that worked. It was a huge relief as we couldnt figure it after numerous other doctors. While there she noticed my labored breathing and recommended a course of treatment that gave me relief as I had never been diagnosed with same issues my daughter had. She was so patient and kind and always looking for ways to make you feel better and get ahead of allergies instead of just cleaning up the mess afterward.*

*I had the privledge of getting to know her better in business and thought of her as a friend. I know she is in heaven taking care of all of us and perks up when anyone sneezes and they say GOD BLESS YOU. Well, GOD BLESS YOU Dr. Rachel, our family appreciated you and will miss you.*

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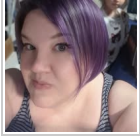
**Laney Solomon** - January 09, 2015 at 08:28 AM

NA

“ *Dr. Howland was truly a "Gods Gift" She was not only amazing in her medical field, but she also was a wonderful listener and a unique person. I am thankful I had the opportunity to be a patient of hers for a very short period of time, and am so glad she is in peace now, although taken way too young. She was a beautiful lady both inside and out. Prayers for the healing of all her family, friends, and acquaintances. She will be missed by many.*

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**Nancy Dawn Ashway** - January 07, 2015 at 04:46 PM



“ *Dr. Howland was the only doctor who believed that something was wrong and helped me find the solution. She was an amazing spirit who truly cared for her patients and treated them without judgment. My heart is saddened to hear this news and the community has suffered a great loss. May she rest in peace.*

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**Amanda Alto** - January 07, 2015 at 09:09 AM



“ *Dr. Howland was the only doctor who would take on my particular asthma issues. She was such a caring and compassionate person. I enjoyed every visit and every chat. She truly made me feel that my needs as a patient were important, when other doctors did not. May God bless her and may she rest in peace. My thoughts and prayers are with her family.*

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**Casie Wickless** - January 02, 2015 at 08:21 PM



“ *My heart was sadden today when I learned of Dr. howland passing. She was the first Dr. That understood what I was going through. God bless her and may she rest in paradise.*

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**Nettie Gloster** - January 02, 2015 at 02:09 PM

LE

“ Dr. Howland treated me for my allergies for over 10 years...she was an amazing doctor and all of her staff were like family to me. Dr. Howland was the only doctor that would help my son with his migraines...all the other doctors said he was too young to treat. Without her, my son would have had some serious health issues as he was growing older. She listened, she knew and she taught me about my allergies and how to help my son as he grew older to control his medical issues, too. RIP Dr. Howland....you have helped so many during your short time on earth. I'll be praying for her loved ones to be strong during this difficult time, especially her sister, who she loved to the moon and back.

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**Lisa Eutsler** - January 02, 2015 at 10:17 AM

DR

I JUST LEARNED OF SWEET RACHEL'S DEATH...SHE VOLUNTEERED IN MY MEDICAL OFFICE WHILE LIVING IN TAMPA ,FLORIDA .SHE SAW MY LOVE FOR MEDICINE AND DECIDED TO GO TO NURSING SCHOOL ! I TOLD RACHEL SHE WAS TOO SMART AND SHOULD ONLY SETTLE FOR A MEDICAL DEGREE...SHE AGREED AND DEVOTED THE NEXT NEXT SIX YEARS OF STUDY AND HARDSHIP TO ACCOMPLISH HER GOAL AND TO OPEN A PRACTICE TO HELP OTHERS WITH HER DIAGNOSIS...I AM SO PROUD OF HER AFTER READING ALL OF THESE COMMENTS AND ACCOLADES...I KNOW FROM SPEAKING WITH HER NINE MONTHS AGO THAT SHE WAS LOVED BY HER PATIENTS AND FRIENDS...DR JOHN RUSSELL, TAMPA, FLORIDA MARCH 15,2016

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**DR JOHN RUSSELL** - March 15, 2016 at 11:09 PM



“ *Dr. Howland will be greatly missed. She was obviously loved by all who worked for her where she created an atmosphere of cooperation and Christian love. Her love for the Lord was displayed throughout her office in Easton and through her to her patient's of which I was pillaged to be one. She loved her work and loved to talk about it, sharing her brilliance and enthusiasm. She was probably the best Allergist I have ever seen or ever will. I can't believe she is gone but I know she is now walking with the Lord Jesus Christ through Whom she was born again.*

*Fr. Rob Carl*

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**Rob Carl** - December 30, 2014 at 11:41 AM

TG

*Upon meeting Dr. Howland her brilliance was unmistakable. Her compassion for her patients and her work indisputable. A very unique individual indeed. Thank you for sharing her faith and trust in our Lord. Knowing this is the only true comfort.*

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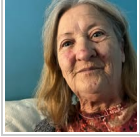
**Tina Garrett** - January 30, 2015 at 09:21 AM

LM

“ *Dr. Howland was a great doctor. I loved going to her. I got great results from her service.  
I was shocked at her Passing. RIP Dr. Howland  
DEEPEST SYMPATHY TO THE FAMILY  
Louise Magee*

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**Louise Cohen Magee** - December 29, 2014 at 11:06 PM



“ *I was so sorry to hear about your passing! I will miss you terribly!  
You were loved by everyone who knew you!*

*Linda J Reihl*

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**Linda Reihl** - December 29, 2014 at 07:37 PM

SE

“ *Dr. Howland was such a kind and compassionate person who took  
the time to listen. Such a tragedy that this brilliant and talented  
woman is gone. Prayers to her family.*

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**sandy eshelman** - December 27, 2014 at 09:59 PM

RH

“ *For my beloved sister. I so miss you !*



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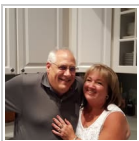
**Rachel Howland** - December 26, 2014 at 11:35 PM

TK

“ *Dr. Howland was one of the most compassionate people I have ever met, and after almost twenty years, I considered her my friend. Last year, while visiting my mom, who was fatally ill, I developed a female infection due to the antibiotic I was on. I call the doc and she unquestioningly called in a prescription to an out-of-state pharmacy nearby. After returning from my Mom's funeral, she came up to me, while getting my shots, and gave me a great big hug. Doc Rachel was also responsible for healing my son from some very serious asthma/ allergy issues. She fought to get me the Xolair shot for my low immunities and even gave it to me for free for a couple of months. She had the tinacity of a pit bull, the wisdom of someone much older, and and the compassion of Mother Teresa. Her faith gave her courage, strength, loving kindness, gentleness and general concern for every person that entered her doorway. I cherished her friendship greatly! There is a chasm on Maryland's Eastern shore that will never be filled by just one person. I will miss her terribly!!!*

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**Tracey L. King** - December 26, 2014 at 06:41 PM



“ *Sharon VanZant lit a candle in memory of Dr. N. Rachel Howland*



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**Sharon VanZant** - December 26, 2014 at 01:43 PM

NM

“ *Nikhia Munson lit a candle in memory of Dr. N. Rachel Howland*



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**Nikhia Munson** - December 22, 2014 at 02:17 PM

JS

“ *Dr. Howland was a very talented and caring doctor. I will miss her greatly. Having asthma all my life I went to many specialists and Dr. Howland was the best around. Very friendly and willing to go out of her way to help you. I was very shocked and saddened to lose such a good friend. Praying for her family and friends. God Bless.*  
*Joy Stant*

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**Joy Stant** - December 21, 2014 at 05:34 PM

KM

“ *.I will miss you so very much. Thank you for your care and concern. You were an extraordinary Doctor and good Friend.*

*Karen McLoughlin*

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**Karen McLoughlin** - December 21, 2014 at 04:50 PM

RR

“ *What a sad day it was when we lost a truly talented physician and friend. She will be missed by so many, but her legacy will live on through all of those she helped and those lucky to have had her as a friend. My prayers are with her family.* *Roxanne Rodgers*

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**Roxanne Rodgers** - December 21, 2014 at 12:13 PM

Amber  
Fisher

“ So sad... my daughter was her patient.. and up to this was still her patient... She will defiantly be missed..She was the best doctor for my daughter..my daughter loved her...and everything she was doing for my daughter was great and helping.



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**Amber Fisher** - December 20, 2014 at 03:06 PM

CL

“ RIP Dr. Howland



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**Carol Leonard** - December 20, 2014 at 08:17 AM

SC

“ Dr. Howland will be greatly missed. She was a very dedicated and caring doctor! (My daughter and I were patients of hers) We had been seeing an asthma and allergist specialist for over 15 yrs in Delaware that we just loved, but he decided to retire. Leaving my daughter and I to find another Allergist. We were not happy with the two we saw after our previous doctor retired. Guess our expectations were just too high. That is when my doctor "highly" recommended Dr. N. Rachel Howland. I was hesitant at first, but after meeting with her and her office staff I knew we had made the right decision. My daughter thought the world of her. They got along well and had some good conversations beyond the normal asthma and allergy care. We enjoyed our office visits and talks we had with her. She was always so outgoing and happy and would even get you laughing. She Loved to talk to you. :) She was a very educated doctor and knew a lot about allergies and asthma and other medical conditions. She had the best "bedside manners" too. You don't find that in a lot of specialist these days. We were both shocked to hear of her passing and wished that it was not true. We didn't think we would find a replacement allergist as caring and dedicated as our previous one, but we did find a great doctor to replace him, and that was Dr. Howland! She will be missed. Prayers to her family and close friends during your time of loss.

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**Sherri Cecil** - December 20, 2014 at 01:30 AM

SC

“ We are very devastated at this news. We have lost an amazing lady. She helped my son beyond words. She took a teen who couldn't breathe and within 2 months got him well enough to start football. We will always be grateful for the short time we had with her. She was a great doctor.

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**sharon chrzanowski** - December 19, 2014 at 10:32 PM

Greg  
Whitby

“ We have lost a tremendous doctor. Rest in peace Dr. Howland.



Greg Whitby - December 19, 2014 at 10:08 PM

AH

“ Wow. Im speechless. She helped me tremendously in my allergy and asthma struggle. Although I have not been her patient in quite a few years (as I can control my allergies with OTC) I always enjoyed talking to her and her sense of humor. She will be missed.

Arlette Hart - December 19, 2014 at 07:33 PM

MS

“ Dr. Howland was absolutely the coolest person I have ever met ! I will miss her deeply. she had great sense of humor....A huge loss to the community... she loved helping everyone.

May God Bless ... Dr.H  
Mickey Smith

Mickey Smith - December 19, 2014 at 06:32 PM

GR

“ My daughter and I are devastated about this news. She helped my daughter so much. Her office was like a little family that we visited every week. Rest in peace Dr. Howland.

Gia and Margaret Ristvey

Gia Ristvey - December 19, 2014 at 06:12 PM

 Terri Lister

“ So very sorry to hear this sad news, Dr. Rachel Howland was a wonderful doctor, who will be missed by many. She delivered great care to her patients and I always admired her beautiful smile and warm personality. My sincere sympathy to her family and all of her staff members. Rest peacefully Dr. Howland, heaven has definitely gained an angel!

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**Terri Lister** - December 19, 2014 at 05:41 PM

SS

“ You were the most amazing woman and will be terribly missed. For over twenty years you helped Patty and I with so many breathing problems and we will be lost without you. God bless you.

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**sue speakman** - December 19, 2014 at 04:53 PM

SD

“ Sheila Dlugoborski lit a candle in memory of Dr. N. Rachel Howland



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**Sheila Dlugoborski** - December 19, 2014 at 03:46 PM

 Craig Crotts

“ Heaven has another angel. I met Rachel about 15 years ago, and I was in really bad shape. I credit her for saving my life. I will miss her as my incredible doctor and wonderful friend. She was truly a gift from the Lord for me. Wendy Crotts



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**Craig Crotts** - December 19, 2014 at 01:09 PM

GK

“ *She was an amazing and caring doctor. None like her in my world. She had a great smile and wonderful laugh. Bent over backwards to be of help to her patients. So much knowledge to share. Thank you for helping my daughters, husband, father in-law and son in-law with all of their particular ailments. May you rest knowing you made a difference.*



Gretchen Kohl - December 19, 2014 at 11:21 AM

JE

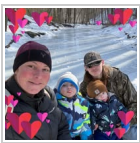
“ *I am shocked and saddened by this news. Even though I hadn't seen her face to face for several years, whenever she crossed my mind... There was always a smile. Had she been ill? I apologize - but I'm so shocked to hear of this news. I know her patients will miss her! She was one "of the good ones".*

Jennifer - December 19, 2014 at 11:20 AM



*No, no one knows yet.*

Tim & Laura Bishop - December 19, 2014 at 03:31 PM



“ *I'm so orry to hear this she was a very special women who not only I adored but my son. You will be so missed. Rest in Paradise*



Cortney Wolf - December 19, 2014 at 11:19 AM

JM

“ I am shocked and saddened to hear of Dr. Howland's passing. What a kind, loving and knowledgeable woman. She would not stop until she found out exactly what was wrong with you and how to make you feel better. God certainly must have needed a special angel in calling her home. Bless you, Dr. Howland. Thank you for the help you were able to give me when I needed it the most.



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**Jennifer Mulligan** - December 19, 2014 at 11:13 AM

FA

“ My sweet cousin.....so sad. We were always so proud of her accomplishments. She was always the smartest of the smart and so nice. Its no wonder that her patients are saying the same things about her. I remember when my daughter was ill, she called me so many times to help me understand the doctors explanations and their approaches to get her well. She did this with all her own challenges and busy schedule and I will be forever grateful for her caring. I also remember our times together as young girls playing at the house on Himes. I was so happy when they returned from Puerto Rico! Rachel, no one will ever fill her shoes but I am always available to be your surrogate big sister. I wish you strength during this time and hope that you read each one of the comments and know how loved she was and the good she did for so many during her short time on earth. May God bless her and you. Love, Fran and family.



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**Fran Alonso** - December 19, 2014 at 10:59 AM

TG

“ Teri Griffith lit a candle in memory of Dr. N. Rachel Howland



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**Teri Griffith** - December 19, 2014 at 10:51 AM

KR

“ So sad to learn of Dr. Howlands passing. She was a very compassionate person and always helped someone in their time of need. I learned alot working with her over the years and have told her many times that I wouldnt be where I am today if it weren't for her teachings. May she rest in peace and know that she will be missed greatly by those who knew her.

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**Kathy Ridgell** - December 19, 2014 at 10:45 AM

JB

“ I am so saddened by Dr Howland's passing. She was such a kind and caring person and she will be sincerely missed. My deepest condolences to her family and friends.  
Joan Browne

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**Joan Browne** - December 19, 2014 at 10:30 AM

MS

“ Michele Singhas lit a candle in memory of Dr. N. Rachel Howland



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**Michele Singhas** - December 19, 2014 at 10:24 AM

CL

“ I am still in shock to learn of Dr. Howland's passing. She was a caring doctor who wasn't satisfied until she had her patients' medications perfect for their condition. My sincerest condolences to her family and friends. She will be missed.



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**Cindy Licata** - December 19, 2014 at 10:02 AM

LM

“ Lisa Marvel lit a candle in memory of Dr. N. Rachel Howland



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**Lisa Marvel** - December 19, 2014 at 09:25 AM

TC

“ The Lenzi Family, Chestertown lit a candle in memory of Dr. N. Rachel Howland



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**The Lenzi Family, Chestertown** - December 19, 2014 at 09:10 AM

WR

“ Wendy Rhodes lit a candle in memory of Dr. N. Rachel Howland



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**Wendy Rhodes** - December 19, 2014 at 08:55 AM



“ <3



**Katie Dadds** - December 19, 2014 at 08:18 AM



“ *Clayton Dadds lit a candle in memory of Dr. N. Rachel Howland*



**Clayton Dadds** - December 19, 2014 at 08:16 AM



“ *Mary Wright Thawley lit a candle in memory of Dr. N. Rachel Howland*



**Mary Wright Thawley** - December 19, 2014 at 08:00 AM



“ *Angie Rholetter lit a candle in memory of Dr. N. Rachel Howland*



**Angie Rholetter** - December 19, 2014 at 07:55 AM

GP

“ *Gina Paul lit a candle in memory of Dr. N. Rachel Howland*



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**Gina Paul** - December 19, 2014 at 07:48 AM

 Buffy  
Kevin  
Morris

“ *I used to work for Dr. Rachel Howland. What an amazing lady & Dr. She definitely knew her stuff. Great caring person, never turned a patient away!! My condolences!*

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**Buffy Kevin Morris** - December 19, 2014 at 05:59 AM

 Kim  
Taylor

“ *Extremely sadden to learn of Dr. Howland's passing. She was an amazing doctor. She worked with my daughter endlessly to get her relief from her hives. Very thorough on the clinical side of her profession and compassionate beyond expectations from the personal side. She was a wonderful doctor and person. My sincerest condolences to her family. She will be missed dearly.*

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**Kim Taylor** - December 19, 2014 at 03:56 AM

NT

“ *Dr. Howland was a good and caring friend who truly endeavored to solve the mysteries of allergies and asthma and was only a phone call away. Each visit was like meeting with an old friend. She will be so missed. My sincere sympathy to her family and friends and to her caring office staff. Such a loss. She was a unique person.*

*Nancy Toy*

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**Nancy Toy** - December 18, 2014 at 08:25 PM

JK

“ Dr. Howland was a Dr. who truly knew what she was talking about. She was always a phone call away. She listened to your concerns and did something about them. She gave such wonderful care to my daughter and I. She will be deeply missed in our community!

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**Jennifer Klakring** - December 18, 2014 at 08:10 PM

JB

“ I just heard this afternoon and I am so very very sad. Dr. Howland was a doctor who cared deeply for her patients and I enjoyed every visit. We would talk and laugh and everyone loved her. She was a doctor who I could call a true friend. My deepest sympathy to her family. Rest in Peace.

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**Janine Benefiel** - December 18, 2014 at 07:47 PM

LM

“ I was very sad to hear the news about Dr. Howland. She was a wonderful doctor and truly cared about her patients. My deepest sympathy to her family.

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**Lois & Phil MacDonald** - December 18, 2014 at 07:00 PM



“ You were one of the best Doctors on the shore. You will truly be missed. We all love you and my thoughts and prayers are with you and your family. I love you.

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**Tim & Laura Bishop** - December 18, 2014 at 04:29 PM

CM

“ *Im truly going to miss Dr Howland she was the only Doctor who went out of her way to find out my problem I will miss her very good Doctor*  
*Prayers are with the Family*

*Cherryl mattox*

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**cherryl mattox** - December 18, 2014 at 04:10 PM