



Kenneth "Ken" Stephen Peregoy

February 22, 1970 - May 30, 2022

Kenneth Stephen Peregoy of Worton, MD, died on May 30, 2022, at Harbor Hospital in Baltimore of metastatic melanoma. Quietly, peacefully, he left this Earth surrounded by his family, who loved him beyond measure. He was 52, and since mid-February, had courageously faced his difficult diagnosis, treatment, and a cascade of setbacks, hoping to return to the life he so dearly loved with his family, friends, and colleagues.

Ken was born on February 22, 1970, in Annapolis to the late Chester Arthur Peregoy III and Anna Marie Collins Peregoy. Even though he was the youngest of five siblings, his parents dubbed him their “resident expert” during his teen years. A 1988 graduate of Broadneck High School, he attended the University of Maryland, Baltimore County, and earned a Pharm. D. degree from Shenandoah University in 2000. He served his residency with Washington Hospital Center and spent his career as a pharmacist with Kent & Queen Anne’s Hospital, now University of Maryland Shore Medical Center at Chestertown. He is remembered for the extra care and attention he paid to patients, as well as for the mentoring he offered to young doctors.

Ken loved to teach little swimmers as well as health care professionals. He was a popular and enthusiastic coach, official, and “swim Dad” with the Shomen Swim Club. Whether he was hiking, camping, fishing, boating, or biking, he adored being outdoors with his family. When his sons were young,

he loved to put them in a backpack and take them on snowshoe excursions. He added extra pedals so they could join him on tandem bike rides all over Chestertown. He volunteered with the Boy Scouts and was involved with the Coast Guard Auxiliary. He was a member of Sacred Heart Catholic Church in Chestertown.

Ken had a great sense of humor and could frequently be heard chuckling at life's many absurdities. No matter what he was doing, he frequently got so caught up in the moment that he was notoriously late. His family called it "Ken Time," and at times resorted to setting clocks forward to try to keep him in check—only to realize that they couldn't remember which clocks were set to the real time. Ken enjoyed being with people so much that his sons would often complain that his worst fault was that he would talk to anyone—for a really long time. No doubt there's now a logjam at heaven's gate as Ken chats it up with St. Peter.

Ken is survived by his wife, Cherylin Bennek, whom he married December 30, 1994, along with their four boys: William Steven Peregoy, Samuel Joseph Peregoy, Nathaniel Arthur Peregoy, and Charles Andrew Peregoy; and his three brothers: Bob Peregoy (Amy) of Waldorf, Chris Peregoy of Baltimore, and Jim Peregoy (Alice Cary) of Groton, MA. His sister, Susan Peregoy of Arnold, died in 2021. Survivors also include his nieces and nephews.

A Mass of Christian Burial will be held on Friday, June 10, at 11 A.M. at Sacred Heart Catholic Church in Chestertown. A visitation will be held on Thursday, June 9, from 2:00-4:00 and 6:00-8:00PM at Fellows, Helfenbein, and Newnam Funeral Home, 130 Speer Road Chestertown where a Christian Wake will be held at 7:30 pm. Interment will be in Chester Cemetery. In lieu of flowers, contributions may be made to the Peregoy Boys Educational Fund at People's Bank, 100 Spring Ave, Chestertown, MD 21620.

Previous Events

Visitation

JUN 9. 2:00 PM - 4:00 PM (ET)

Fellows, Helfenbein, and Newnam Funeral Home
130 Speer Road
Chestertown, MD 21620
<http://www.fhnfuneralhome.com>

Visitation

JUN 9. 6:00 PM - 8:00 PM (ET)

Fellows, Helfenbein, and Newnam Funeral Home
130 Speer Road
Chestertown, MD 21620
<http://www.fhnfuneralhome.com>

Service

JUN 10. 11:00 AM (ET)

Sacred Heart Roman Catholic Church
508 High Street
Chestertown, MD

Tribute Wall



“ *Fellows, Helfenbein & Newnam Funeral Home created a Webcast in memory of Kenneth "Ken" Stephen Peregoy*



Fellows, Helfenbein & Newnam Funeral Home - June 10, 2022 at 08:34 AM



“ *Fellows, Helfenbein & Newnam Funeral Home created a Tribute Video in memory of Kenneth "Ken" Stephen Peregoy*



Fellows, Helfenbein & Newnam Funeral Home - June 07, 2022 at 12:15 PM



“ *Kenneth "Ken" Stephen Peregoy*

October 26, 2023 at 06:42 PM



“ *Kenneth "Ken" Stephen Peregoy*

January 28, 2023 at 12:44 PM



“ Kenneth "Ken" Stephen Peregoy

January 28, 2023 at 08:03 AM



“ I am so saddened to hear this news....Ken was such a calm, self determined young man when he came to our "bike shop" to work with my husband Tom Bruni. He ended up building a tandem to ride with Cherylin. He was in pharmacy school and he knew that he wanted to start a family in a small town where they would all be safe, happy & thrive. He got his wish...we just don't know what's around the corner as our lives progress. So sorry for your loss. t

THERESE SPADARO - November 05, 2022 at 08:49 AM



“ 381 files added to the album LifeTributes



Fellows, Helfenbein & Newnam Funeral Home - June 07, 2022 at 12:13 PM

OG

“ *Orgirina D Graves lit a candle in memory of Kenneth "Ken" Stephen Peregoy*



Orgirina D Graves - June 06, 2022 at 08:58 AM

SE

“ *Ken was so fun to work with, such a great sense of humor. Always put the patients first. He will surely be missed.*

Steve Eisemann - June 06, 2022 at 08:11 AM

EH

“ *I am so very very sorry for your loss. Hugs to you all and especially Charlie. Deepest condolences for Kent County 4-H.*
Beth Hill

Elizabeth Hill - June 04, 2022 at 09:28 PM



“ *Florist Choice Bouquet was purchased for the family of Kenneth "Ken" Stephen Peregoy.*



June 04, 2022 at 07:35 PM

BM

“ So sorry at the loss of such a young man. I worked at the hospital and he always tried to teach you something new. Prayer and hugs to his wife and his 4 sons, family, friends and coworkers. ❤️



Brenda Morgan - June 04, 2022 at 12:47 PM

AF

“ Alan and Wendy Fletcher purchased the Florist Choice Bouquet for the family of Kenneth "Ken" Stephen Peregoy.



Alan and Wendy Fletcher - June 04, 2022 at 12:09 PM



“ Meeting Cherylin (Ken's wife) in college, I never knew her without Ken. On long days in the lab, he'd always stop by adding cheer to a monotonous task. Where there was one, there was almost always the other.

Turns out that Ken had a childhood friend named Dan and he and Cherylin always thought about setting us up. It finally happened when the two of us were best man and maid of honor at their wedding. Five months later, we were engaged and we were married two days before Christmas, a week before Ken and Cherylin's anniversary.

We are grateful for having been a part of your lives. Thanks for the memories and we are praying for Cherylin, the boys, and all who loved Ken!

Heather Woodie - June 04, 2022 at 10:22 AM

CB

“ *My Deepest Sympathy to his Family. I worked with Ken, he was a wonderful pharmacist. 🙏🙏*

Christina Blake - June 04, 2022 at 12:39 AM

TP

“ *Tom Patrick purchased the Dawn of Remembrance Basket for the family of Kenneth "Ken" Stephen Peregoy.*



Tom Patrick - June 03, 2022 at 02:30 PM

GH

“ *Since we were members of the same Catholic parish, I knew Ken was ill and I am very sorry to learn of his passing. Unfortunately I am still out of the country and will not be able to attend either the visitation or his funeral Mass. My late wife, Judy and I knew Ken from our service with the Coast Guard Auxiliary and his service to our community as a pharmacist with our local hospital, where my wife also worked. I'll keep Ken and his family in my prayers.*

George Joseph Hagerty - June 03, 2022 at 11:29 AM



“ *Divine Peace Bouquet was purchased for the family of Kenneth "Ken" Stephen Peregoy.*



June 03, 2022 at 09:04 AM

JP

“ This is such sad news. I had the pleasure of serving with Ken in the US Coast Guard Aux over many years. I drifted away from the Coast Guard several years ago and unfortunately hadn't seen Ken in some time. I wasn't aware he was ill, but knowing Ken, I'm sure he put up a good fight. Ken and I spent many hours on patrol together and he took his duty seriously, but had fun at the same time. I think we were last underway together back in 2010 during a Canal Days patrol in Chesapeake City. I'm sorry we didn't keep in closer contact during the past few years, but I count myself lucky to have known Ken and I won't forget him. My deepest sympathy to his family, friends, and shipmates.



Jeff Patrick

Jeff Patrick - June 02, 2022 at 10:25 PM

BW

“ Beverly White lit a candle in memory of Kenneth "Ken" Stephen Peregoy



Beverly White - June 02, 2022 at 05:47 PM

LP

“ LORI BUTLER PERRY lit a candle in memory of Kenneth "Ken" Stephen Peregoy



LORI BUTLER PERRY - June 02, 2022 at 01:53 PM

PG

“ *Patrice Green lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



Patrice Green - June 02, 2022 at 12:31 PM

PB

“ *Peggy Betch lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



Peggy Betch - June 02, 2022 at 12:14 PM

PB

*Ken was such a nice person and I enjoyed working with him. Prayers to
his wife and children in this horrific time.*

Peggy Betch - June 02, 2022 at 12:15 PM

RB

“ *Randy Bozarth lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



Randy Bozarth - June 02, 2022 at 09:52 AM

KS

“ *Kathy Schlesner lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



Kathy Schlesner - June 02, 2022 at 07:49 AM

TL

“ *Teira LaBrie lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



Teira LaBrie - June 02, 2022 at 06:45 AM

DW

“ *Debra Wiest lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



debra wiest - June 01, 2022 at 10:48 PM

TF

“ *The Gardner Family lit a candle in memory of
Kenneth "Ken" Stephen Peregoy*



The Gardner Family - June 01, 2022 at 09:46 PM



“ Shannon Knotts lit a candle in memory of Kenneth "Ken" Stephen Peregoy



Shannon Knotts - June 01, 2022 at 08:28 PM

CP

“ Carl Pippin lit a candle in memory of Kenneth "Ken" Stephen Peregoy



Carl Pippin - June 01, 2022 at 05:29 PM

DP

“ Deborah Pippin lit a candle in memory of Kenneth "Ken" Stephen Peregoy



Deborah Pippin - June 01, 2022 at 05:28 PM

RL

“ Rachel Lockwood lit a candle in memory of Kenneth "Ken" Stephen Peregoy



Rachel lockwood - June 01, 2022 at 03:51 PM

RK

“ Robin Klinefelter lit a candle in memory of
Kenneth "Ken" Stephen Peregoy



Robin Klinefelter - June 01, 2022 at 03:23 PM

PT

“ Pamela Teat lit a candle in memory of
Kenneth "Ken" Stephen Peregoy



Pamela Teat - June 01, 2022 at 02:44 PM

DI

“ DONNA INGRAM lit a candle in memory of
Kenneth "Ken" Stephen Peregoy



DONNA INGRAM - June 01, 2022 at 10:38 AM

DC

“ Donnette Commodore lit a candle in memory
of Kenneth "Ken" Stephen Peregoy




Donnette Commodore - June 01, 2022 at 07:03 AM

AG

“ *Annetta Lorraine Graves lit a candle in memory of Kenneth "Ken" Stephen Peregoy*



Annetta Lorraine Graves - June 01, 2022 at 06:36 AM

 Tracy Burris

“ *Tracy Burris lit a candle in memory of Kenneth "Ken" Stephen Peregoy*



Tracy Burris - May 31, 2022 at 11:02 PM

SH

“ *Sharon lit a candle in memory of Kenneth "Ken" Stephen Peregoy*



Sharon - May 31, 2022 at 08:37 PM

ST

Ken, I look at this picture of you and cannot believe you are gone. You put up such a fight and I know you did it for your beautiful wife and sons. I guess God needed a great PharmD on the other side. You will be greatly missed by so many but especially by your loving family. Warm hugs to Cherylin and the boys! I, along with your many friends am thankful for Chris and Cherylin keeping us up to date on your journey. Rest in peace my friend. We'll somehow take it from here.

Sharon Truitt - June 01, 2022 at 03:55 PM

JS

“ Jeanette Stubbs lit a candle in memory of
Kenneth "Ken" Stephen Peregoy



Jeanette Stubbs - May 31, 2022 at 06:53 PM

DN

“ Diana Nichols lit a candle in memory of
Kenneth "Ken" Stephen Peregoy



Diana Nichols - May 31, 2022 at 05:19 PM

MR

“ Maryann Ruehrmund lit a candle in memory
of Kenneth "Ken" Stephen Peregoy



Maryann Ruehrmund - May 31, 2022 at 04:21 PM

MR

You will be very missed, Ken. Thank you for your work friendship! Hugs to your family.

Maryann Ruehrmund - May 31, 2022 at 04:25 PM