



## Frederick G. Harmon

March 5, 1932 - September 29, 2024

Frederick Gardner Harmon, age 92, died on September 28th, 2024.

Fred was born March 5th, 1932, to Frederick Miller and Margaret Brady Harmon. He always spoke highly of his childhood in the Baltimore-Washington area, where he developed his lifelong love of movies and baseball, specifically the Baltimore Orioles.

He attended George Washington University, where he met the love of his life and beloved wife, Nancy McCoach Harmon, who he married on October 16th, 1954. Upon graduating from George Washington University, he served in the Navy and then attended Columbia University, earning a Master's in Journalism.

Fred worked as a journalist and for several management firms, including McGraw Hill and The American Management Association. These positions provided Fred and his family with opportunities to travel and live worldwide. A few of his favorite places were Cookham, England, New York City, and San Juan, Puerto Rico.

After retiring from the American Management Association, Fred had an active second career as a published author of four books and worked as a management consultant.

Fred believed his greatest accomplishments were his long marriage of nearly 70 years, which was full of love and a lot of laughs, and his three children. He cherished spending time with his family and loved any opportunity to see grandchildren and great-grandchildren.

Fred was predeceased by his parents and his brother, John Brady Harmon Sr. He is survived by his wife, Nancy; Children James (Christi), John (Laura), and Kate (Brad); Grandchildren Rebecca (Brent) Sarah (Jordan) Jack, Allison, Beth, Sean, Suzy, and Nick; and Great-Grandchildren Emery, Colton, and Logan.

Services will be held at Fellows, Helfenbein, and Newnam Funeral Home in Chestertown, MD, on Friday, October 4th, at 10 a.m. The family will greet visitors at 9:30am. In lieu of flowers, the family requests donations be made to Heron Point Samaritan Fund 501 E Campus Ave. Chestertown, MD 21620.

# Previous Events

## Visitation

OCT 4. 9:30 AM - 10:00 AM (ET)

Fellows, Helfenbein, and Newnam Funeral Home  
130 Speer Road  
Chestertown, MD 21620  
<http://www.fhnfuneralhome.com>

## Funeral Service

OCT 4. 10:00 AM (ET)

Fellows, Helfenbein, and Newnam Funeral Home  
130 Speer Road  
Chestertown, MD 21620  
<http://www.fhnfuneralhome.com>

## Burial

OCT 4 (ET)

St. Paul's Church Cemetery (Kent)  
7579 Sandy Bottom Rd  
Chestertown, MD 21620

# Tribute Wall



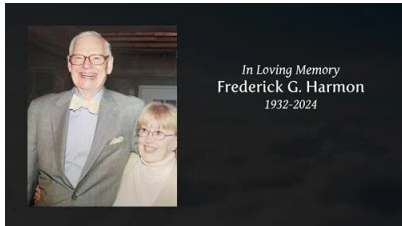
“ *Fellows, Helfenbein & Newnam Funeral Home created a Webcast in memory of Frederick G. Harmon* ”



Fellows, Helfenbein & Newnam Funeral Home - October 04, 2024 at 12:59 PM



“ *Fellows, Helfenbein & Newnam Funeral Home created a Tribute Video in memory of Frederick G. Harmon* ”



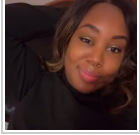
Fellows, Helfenbein & Newnam Funeral Home - October 03, 2024 at 03:57 PM

SJ

“ *My sincere condolences to Nancy and the children.* ”



Suzanne Jackson - October 02, 2024 at 12:02 PM



“ *Nikhia Munson lit a candle in memory of Frederick G. Harmon* ”



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**Nikhia Munson** - September 30, 2024 at 01:38 PM